## **Safety Precautions**

### Coronavirus (COVID-19)



Wash your hands often



Cover your nose and mouth when coughing and sneezing



Do not touch your face



Clean and disinfect commonly touched surfaces



Stay at home if you feel sick

## **Signs and Symptoms**

## **Allergies**

Sneezing

Itchy nose, eyes or roof of the mouth Runny, stuffy nose Watery, red or

swollen eyes

#### Flu

Fever Cough Muscle aches Fatigue & weakness Chills & sweats Congestion

Sore throat

#### Coronavirus

Fever Cough Shortness of breath or difficulty breathing Symptoms appear 2-14 days after exposure

## **Community Resources**

#### For Up to Date, factual information follow:

Louisiana department of Health @laDeptHealth

> Red Stick Ready @redstickready

For questions about Coronavirus dial:

211

More information for schools, faith-based organizations, caregivers, businesses, pregnant women & children visit

Coronavirus.gov

























#### Brought to you by:







# If you are experiencing signs or symptoms of the Flu or Coronavirus

BEFORE YOU ACT, CALL 211 LOCALLY OR:				
	Baton Rouge Clinic	(225) 769-4044	Ochsner	(866) 231-5257
	Baton Rouge General	(225) 763-4500	Open Healthcare Clinic	(225) 655-6422
	Baton Rouge Primary	(225) 774-1120	Our Lady of the Lake	(225) 765-5500
	Care Collaborative		Patient Plus	(225) 408-7587
	Care South	(225) 650-2000	St. Gabriel Health Clinic	(225) 930-4922
	Lane Regional	ne Regional (225) 654-3607	Woman's Hospital*	(225) 924-8321

#### You can also be seen by medical professionals by going to:

Baton Rouge Clinic	Visit brclinic.com or download our app	
Baton Rouge General	Visit brgeneral.org/coronavirus-information	
Baton Rouge Primary Care Collaborative	Visit brpcc.org	
Care South	Visit caresouth.org	
Lake After Hours	Visit lakeafterhours.com	
Lane Regional	Visit lanermc.org	
Ochsner	Visit Ochsner.org/anywherecare or download the Ochsner Anywhere Care app	
Open Healthcare Clinic	Visit ohcc.org	
Our Lady of the Lake	Visit ololrmc.com/videovisits	
Patient Plus	Visit patientplusuc.com	
St. Gabriel Health Clinic	Visit facebook.com/stgabrielhealthclinic	
Woman's Hospital	If you are pregnant, visit womans.org	